This Current Awareness Bulletin is produced by the Yeovil Academy Library to provide staff with a range of obesity-related resources to support practice. It includes recently published guidelines and research articles, as well as news and policy items.

### Cochrane Systematic Reviews

**Parent-only interventions for childhood overweight or obesity in children aged 5 to 11 years**

Online Publication Date: December 2015

### Guidelines

**National Institute for Health and Care Excellence**

**Obesity in adults: prevention and lifestyle weight management programmes (QS111)**

Quality standards Published January 2016

### UpToDate

UpToDate® is accessible via the links section of the library intranet YCloud page or via the [library blog](#). It can also be accessed at [uptodate.com/login](http://uptodate.com/login) with an OpenAthens username and password. To register for an OpenAthens account [click here](#).

**Obesity in adults: Overview of management**

Literature review current through: Jan 2016. | This topic last updated: Jan 28, 2015.

**Definition; epidemiology; and etiology of obesity in children and adolescents**

Literature review current through: Jan 2016. | This topic last updated: Jan 19, 2016.
Obesity in adults: Prevalence, screening, and evaluation
Literature review current through: Jan 2016. | This topic last updated: Feb 3, 2016.

Clinical evaluation of the obese child and adolescent
Literature review current through: Jan 2016. | This topic last updated: Oct 9, 2014.

Journal Articles

Please click on the blue link (where available) to access the full text. You may need an OpenAthens username and password. To register for an OpenAthens account click here.

If you would like help obtaining any of the articles, please contact the Library.

NICE Healthcare Databases

Title: Readers panel. The thorny subject of obesity.
Citation: Nursing Standard, 2016, vol./is. 30/21(28-29), 00296570
Source: CINAHL

Title: Obesity: we need to move beyond sugar.
Citation: Lancet, 2016, vol./is. 387/10015(199-199), 00995355
Source: CINAHL

Title: New therapeutic approaches for the treatment of obesity.
Citation: Science translational medicine, Jan 2016, vol. 8, no. 323, p. 323rv2 (January 27, 2016)
Author(s): Saltiel, Alan R
Source: Medline

Title: Pre-conception public health to address maternal obesity.
Citation: BJOG: An International Journal of Obstetrics & Gynaecology, 2016, vol./is. 123/2(159-160), 14700328
Source: CINAHL

Full Text:

Title: The obesity epidemic: time for the Government 'heavies' to step in?
Title: Child behaviors associated with childhood obesity and parents' self-efficacy to handle them: confirmatory factor analysis of the Lifestyle Behavior Checklist.

Citation: The international journal of behavioral nutrition and physical activity, Jan 2015, vol. 12, p. 36. (2015)

Author(s): Ek, Anna, Sorjonen, Kimmo, Nyman, Jonna, Marcus, Claude, Nowicka, Paulina

Source: Medline

Available from ProQuest in International Journal of Behavioral Nutrition and Physical Activity
Available from BioMed Central in International Journal of Behavioral Nutrition and Physical Activity
Available from National Library of Medicine in International Journal of Behavioral Nutrition and Physical Activity, The

Title: Pediatric Obesity and Perceived Exertion: Difference Between Weight-Bearing and Non-Weight-Bearing Exercises Performed at Different Intensities.

Citation: Journal of Sports Sciences, 2016, vol./is. 34/5(389-394), 02640414

Source: CINAHL

Title: Obesity in pregnancy: what's next? Long-term cardiovascular morbidity in a follow-up period of more than a decade.

Citation: Journal of Maternal-Fetal & Neonatal Medicine, 2016, vol./is. 29/4(619-623), 14767058

Source: CINAHL

Title: Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study.

Citation: British Journal of Nutrition, 2016, vol./is. 115/3(440-448), 00071145

Source: CINAHL

Title: Seeking population-level solutions to obesity.

Citation: Science translational medicine, Jan 2016, vol. 8, no. 323, p. 323ed1 (January 27, 2016)

Author(s): Elbel, Brian
Title: Effect of teaching motivational interviewing via communication coaching on clinician and patient satisfaction in primary care and pediatric obesity-focused offices.

Citation: Patient Education & Counseling, 2016, vol./is. 99/2(300-303), 07383991

Source: CINAHL

Title: Influence of non-dietary factors on the prevalence of abdominal obesity as a major component of the metabolic syndrome among 17-18-year-old youth.

Citation: Roczniki Panstwowego Zakladu Higieny, Jan 2015, vol. 66, no. 1, p. 85-92, 0035-7715 (2015)

Author(s): Piotrowska, Ewa, Broniecka, Anna, Biernat, Jadwiga, Wyka, Joanna, Bronkowska, Monika

Source: Medline

Title: Sex, race, and the adverse effects of social stigma vs. other quality of life factors among primary care patients with moderate to severe obesity.

Citation: Journal of general internal medicine, Feb 2015, vol. 30, no. 2, p. 229-235 (February 2015)

Author(s): Wee, Christina C, Davis, Roger B, Chiodi, Sarah, Huskey, Karen W, Hamel, Mary B

Source: Medline

Full Text:
Available from Wiley-Blackwell Free Backfiles NHS in Journal of General Internal Medicine
Available from National Library of Medicine in Journal of General Internal Medicine
Available from National Library of Medicine in Journal of General Internal Medicine
Available from ProQuest in Journal of General Internal Medicine
Available from Wiley Online Library Free Content NHS Collection in Journal of General Internal Medicine

Title: The effect of early life factors and early interventions on childhood overweight and obesity.

Citation: Journal of obesity, Jan 2015, vol. 2015, p. 964540. (2015)

Author(s): Wen, Li Ming, Rissel, Chris, He, Gengsheng

Source: Medline

Full Text:
Available from National Library of Medicine in Journal of Obesity
Available from National Library of Medicine in Journal of Obesity

Title: Household factors, family behavior patterns, and adherence to dietary and physical activity guidelines among children at risk for obesity.

The books listed below are a selection of those that can be found at the library. To search the library catalogue in full, visit swims.nhs.uk.

**Childhood obesity (2016)**
*Buckley, Rita* (Author)  
*WD110 Book*

**Accelerating progress in obesity prevention : solving the weight of the nation (2012)**
*Committee on Accelerating Progress in Obesity Prevention, Food and Nutrition Board, Institute of Medicine of the National Academies (Corporate Author)*  
*WD110 Book*

**Obesity : prevention and treatment (2012)**
*Rippe, James M. (Editor)*  
*WD110 Book*

---

**In the News**

**First national evaluation of NHS Health Check programme published**  
14 January 2016 - Press release

**5 year olds eat and drink their body weight in sugar every year**  
4 January 2016 - Press release

**Chief Medical Officer calls for action on women’s health**  
11 December 2015 - News story
High-flavonoid foods, like berries and apples, 'prevent weight gain'
Friday Jan 29 2016

Researchers investigate why obesity can trigger bowel cancer
Tuesday Jan 19 2016

Sugary drinks linked to increased fat levels around vital organs
Tuesday Jan 12 2016

The idea you can be fat but fit is 'a myth' study argues
Monday Dec 21 2015

Can overweight men pass obesity risk to their children?
Friday Dec 4 2015

Weight gain between pregnancies linked to stillbirth
Thursday Dec 3 2015

News Headlines

Childhood obesity 'an exploding nightmare', says health expert
The Guardian-25 Jan 2016

NHS chief to introduce sugar tax in hospitals to tackle UK obesity crisis
The Guardian-17 Jan 2016

David Cameron threatens to introduce sugar tax if industry fails to ...
The Independent-7 Jan 2016

Obesity 'linked to cancer rise'
BBC News-6 Jan 2016

Beer and wine 'should carry a calorie count to fight obesity' because ...
Daily Mail-1 Jan 2016

This current awareness bulletin contains an inexhaustive selection of information that has not been critically appraised by library staff. It is therefore the responsibility of the reader to appraise this information for accuracy and relevance.

For further information or support please contact Yeovil Academy Library, Level 4, Yeovil District Hospital, Higher Kingston, Yeovil, BA21 4AT; tel 01935 38(4495) or 01935 38(4697), library@ydh.nhs.uk or visit the library blog at yeovildh.wordpress.com.