This Current Awareness Bulletin is produced by the Yeovil Academy Library to provide staff with a range of dietetics related resources to support practice. It includes recently published guidelines and research articles, as well as news and policy items.

**Systematic Reviews**

*Physical activity, diet and other behavioural interventions for improving cognition and school achievement in children and adolescents with obesity or overweight*
Anne Martin, Josephine N Booth, Yvonne Laird, John Sproule, John J Reilly and David H Saunders
Online Publication Date: January 2018

*Combined diet and exercise interventions for preventing gestational diabetes mellitus*
Emily Shepherd, Judith C Gomersall, Joanna Tieu, Shanshan Han, Caroline A Crowther and Philippa Middleton
Online Publication Date: November 2017

*Home parenteral nutrition for people with inoperable malignant bowel obstruction*
Anne Marie Sowerbutts, Simon Lal, Andrew Clamp, Chris Todd, Gordon Jayson, Antje Teubner, Anne Marie Raftery, Eileen J Sutton, Jana Sremanakova and Sorrel Burden
Online Publication Date: October 2017

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**TRIP**

1. *Effects of total fat intake on bodyweight in children.*
   [Cochrane](#) 2018

2. *Interventions for weight reduction in obesity to improve survival in women with endometrial cancer.*
   [Cochrane](#) 2018

   [Cochrane](#) 2018
4. Physical activity, diet and other behavioural interventions for improving cognition and school achievement in children and adolescents with obesity or overweight. Cochrane 2018

5. Interventions for increasing fruit and vegetable consumption in children aged five years and under. Cochrane 2018

Guidelines

National Institute for Health and Care Excellence

What factors to consider when advising on medicines suitable for a Halal diet?
Source: Specialist Pharmacy Service - 29 January 2018 - Publisher: Specialist Pharmacy Service

Changing behaviour: childhood nutrition [PDF]
03 October 2017 - Publisher: British Psychological Society

Guideline 154: Pharmacological management of glycaemic control in people with type 2 diabetes - Full guideline [PDF]
Source: Scottish Intercollegiate Guidelines Network - SIGN - 01 November 2017 - Publisher: Scottish Intercollegiate Guidelines Network (SIGN)

Irritable bowel syndrome
Source: Clinical Knowledge Summaries - 27 November 2017
Irritable bowel syndrome (IBS) is a chronic, relapsing, and often lifelong disorder of the lower gastrointestinal tract, with no discernible structural or biochemical cause.

Diverticular disease
Source: Clinical Knowledge Summaries - 31 January 2018
Diverticula are sac-like protrusions of mucosa through the muscular wall of the colon.

Peristeen transanal irrigation system for managing bowel dysfunction - guidance (MTG36)
Source: National Institute for Health and Care Excellence - NICE - 23 February 2018
Evidence-based recommendations on the Peristeen transanal irrigation system for people with bowel dysfunction

Nutrition and hydration
Source: NHS Improvement - 10 January 2018
We support providers to follow best practice in nutrition and hydration to reduce the incidence of pressure ulcers and promote good wound healing.
UpToDate is accessible via the links section of the library intranet YCloud page or via the library blog. It can also be accessed at uptodate.com/login with an OpenAthens username and password. To register for an OpenAthens account click here.

Overview of enteral nutrition in infants and children

Nutrition support in critically ill patients: An overview

Dietary recommendations for toddlers, preschool, and school-age children

Overview of perioperative nutritional support

Approach to enteral nutrition in the premature infant

Introducing solid foods and vitamin and mineral supplementation during infancy

Journal Articles

Please click on the blue link (where available) to access the full text. You may need an OpenAthens username and password. To register for an OpenAthens account click here.

If you would like help obtaining any of the articles, please contact the Library.

NICE Healthcare Databases

1. Support with nutrition for women receiving chemotherapy for breast cancer.
   Author(s): Gilmour, Fiona; Williams, Anne
   Source: British Journal of Nursing; Feb 2018; vol. 27 (no. 4)
   Publication Date: Feb 2018
   Publication Type(s): Academic Journal
   Available at British Journal of Nursing - from EBSCO (CINAHL with Full Text)
   Available at British Journal of Nursing - from MAG Online Library
   Database: CINAHL

2. Can you make up for years of poor eating?
   Author(s):
   Source: Harvard Women's Health Watch; Feb 2018; vol. 25 (no. 6)
3. In the Know about Nutrigenomics.
Author(s): Webster, Allison
Source: Food Insight; Jan 2018; p. 2-2

4. Personalized Nutrition: Ready for Prime-time?
Author(s): Webster, Allison
Source: Food Insight; Jan 2018; p. 6-6

5. 5 mistakes that will sabotage a healthy diet.
Author(s):
Source: Harvard Health Letter; Jan 2018; vol. 43 (no. 3); p. 6-7

Author(s): Leong, Khai Gene; Chee, Jia Lian; Karahalios, Amalia; Skelley, Annabelle; Wong, Kim
Source: Nephrology Nursing Journal; Jan 2018; vol. 45 (no. 1); p. 35-40

Author(s):
Source: Food Insight; Dec 2017; p. 3-3

8. How to Build a Healthy Plate at Holiday Parties.
Author(s): Webster, Alison

**Author(s):** Thompson, Jill; Tod, Angela; Bissell, Paul; Bond, Michael

**Source:** Health Expectations; Dec 2017; vol. 20 (no. 6); p. 1342-1349

**Publication Date:** Dec 2017

**Publication Type(s):** Academic Journal

Available at [Health Expectations](#) - from Europe PubMed Central - Open Access
Available at [Health Expectations](#) - from EBSCO (CINAHL with Full Text)
Available at [Health Expectations](#) - from PubMed Central

**Database:** CINAHL


**Author(s):** SMITH, JOANNE; JAMES, KYLIE

**Source:** PN; Dec 2017; vol. 71 (no. 12); p. 38-39

**Publication Date:** Dec 2017

**Publication Type(s):** Trade Publication

**Database:** CINAHL

11. Managing the nutritional needs of palliative care patients.

**Author(s):** Day, Teresa

**Source:** British Journal of Nursing; Nov 2017; vol. 26 (no. 21); p. 1151-1159

**Publication Date:** Nov 2017

**Publication Type(s):** Academic Journal

Available at [British Journal of Nursing](#) - from EBSCO (CINAHL with Full Text)
Available at [British Journal of Nursing](#) - from MAG Online Library

**Database:** CINAHL

12. the Future of Nutritional Counseling.

**Author(s):** CALLAHAN, DIANE

**Source:** Access; Nov 2017; vol. 31 (no. 9); p. 11-12

**Publication Date:** Nov 2017

**Publication Type(s):** Periodical

Available at [Access](#) - from ProQuest (Hospital Premium Collection) - NHS Version
Available at [Access](#) - from EBSCO (CINAHL with Full Text)

**Database:** CINAHL


**Author(s):** Zhun Xu; Wei Zhang

**Source:** American Journal of Public Health; Nov 2017; vol. 107 (no. 11); p. 1809-1811

**Publication Date:** Nov 2017

**Publication Type(s):** Academic Journal

Available at [American journal of public health](#) - from ProQuest (Hospital Premium Collection) - NHS Version
Available at [American journal of public health](#) - from EBSCO (CINAHL with Full Text)
Available at [American journal of public health](#) - from EBSCO (Health Business FullTEXT Elite)
14. The role of nutrition and hydration in disease prevention and patient safety.

**Author(s):** Ojo, Omorogieva

**Source:** British Journal of Nursing; Oct 2017; vol. 26 (no. 18); p. 1020-1021

**Publication Date:** Oct 2017

**Publication Type(s):** Academic Journal

Available at [British Journal of Nursing](https://journals.lww.com/bjn) - from EBSCO (CINAHL with Full Text)

Available at [British Journal of Nursing](https://journals.lww.com/bjn) - from MAG Online Library

**Database:** CINAHL

15. A Study to Assess the Effectiveness of Structured Teaching Programme (in Term of Knowledge) Regarding Healthy Eating Habits among the Parents of School going Children at selected Rural Areas of Moradabad, U. P.

**Author(s):** Pandey, Rama

**Source:** Asian Journal of Nursing Education & Research; Oct 2017; vol. 7 (no. 4); p. 499-501

**Publication Date:** Oct 2017

**Publication Type(s):** Academic Journal

Available at [Asian Journal of Nursing Education & Research](https://www.asianjournalnursing.org) - from ProQuest (Hospital Premium Collection) - NHS Version

Available at [Asian Journal of Nursing Education & Research](https://www.asianjournalnursing.org) - from EBSCO (CINAHL with Full Text)

**Database:** CINAHL

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**Library Resources**

The books listed below are a selection of those that can be found at the library. To search the library catalogue in full, visit [swims.nhs.uk](https://swims.nhs.uk).

  - Lean, Michael E. J. (Author)
  - WD10 Book
  - Lean, Michael E. J.; Combet, Emilie

- **Childhood obesity (2016)**
  - Buckley, Rita (Author)
  - WD110 Book
  - Buckley, Rita

- **Counselling skills for dietitians (3rd ed) (2016)**
  - Gable, Judy (Author)
  - WD18 Book
  - Gable, Judy; Herrmann, Tamara
In the News

Could drinking fruit tea be bad for your teeth?
Monday February 26 2018

Low-carb or low-fat diet? Both work well
Wednesday February 21 2018

Bacteria found in milk and beef linked to rheumatoid arthritis
Thursday February 1 2018

Having more 'sweet dreams' may help with your 'sweet tooth'
Wednesday January 10 2018

Eating leafy greens may help prevent memory loss
Friday December 22 2017

Can a daily cup of tea help prevent glaucoma?
Monday December 18 2017

Are larger wine glasses encouraging excessive alcohol consumption?
Friday December 15 2017

Eating 40g of cheese a day may reduce heart attack and stroke risk
Monday December 4 2017

Mindfulness training may help you keep the weight off
Wednesday November 29 2017

Drinking 3-4 cups of coffee a day may have some health benefits
Thursday November 23 2017

Night-time eating linked to heart disease
Wednesday November 8 2017

Eating mushrooms at breakfast may help you feel fuller
Monday October 23 2017
Three-quarters of honey samples contain pesticide traces
Friday October 6 2017

Regularly skipping breakfast linked to hardening of the arteries
Tuesday October 3 2017

This current awareness bulletin contains an inexhaustive selection of information that has not been critically appraised by library staff. It is therefore the responsibility of the reader to appraise this information for accuracy and relevance.

For further information or support please contact Tom Welham, Yeovil Academy Library, Level 4, Yeovil District Hospital, Higher Kingston, Yeovil, BA21 4AT; tel 01935 38(4495) or 01935 38(4697), library@ydh.nhs.uk or visit the library blog at yeovildh.wordpress.com.