



Care of the Elderly

Relevant articles from MA Healthcare journals to support your staff's education and practice

October 2017



With the UK's rapidly aging population, healthcare professionals within the NHS are facing an increasing number of complex health conditions relating to the health and care of elderly people. The more common conditions affecting older patients are cardiovascular disease, dementia, Alzheimer's, diabetes, and cancer. Frailty is also a major issue with the increase in the number of bone fractures resulting

from falls and accidents. Mental health is just as important, with loneliness and isolation having an additional impact on the health of elderly people today.

This month MA Healthcare is raising awareness about the importance of right care of the elderly, so that they can receive the high-quality health and social care they need in order to live happy and healthy lives.

We have provided a list of relevant articles from MA Healthcare journals dealing with this area, thereby providing your NHS staff with research, information and tips that will support both their work and their patients.

Journal of Kidney Care:

- CKD and frailty: outcomes from a quality initiative for older patients
<http://www.magonlinelibrary.com/doi/10.12968/jokc.2016.1.3.153>
- Achieving the best results for older people on peritoneal dialysis
<http://www.magonlinelibrary.com/doi/10.12968/jokc.2017.2.4.200>



Practice Management:

- Dementia: The path to a cure
<https://doi.org/10.12968/prma.2017.27.7.16>
- Caring conversations
<https://doi.org/10.12968/prma.2016.26.9.42>

British Journal of Hospital Medicine:

- Infection in the older patient
<https://doi.org/10.12968/hmed.2017.78.8.C120>
- Assessment of frailty in the inpatient setting
<https://doi.org/10.12968/hmed.2016.77.1.29>

British Journal of Community Nursing;

- Preventing falls in older people
<https://doi.org/10.12968/bjcn.2017.22.1.683>
- Perspectives on the risks for older adults living independently
<https://doi.org/10.12968/bjcn.2017.22.7.338>

British Journal of Neuroscience Nursing:

- Frail older people shown to be at risk of traumatic brain injury
<https://doi.org/10.12968/bjnn.2017.13.2.58>
- Communication in end-of-life care for people with dementia: an Admiral Nurse case study
<https://doi.org/10.12968/bjnn.2017.13.2.70>

Nurse Prescribing:

- Helping people grow old gracefully
<https://doi.org/10.12968/npre.2016.14.2.57>
- Polypharmacy and older people
<https://doi.org/10.12968/npre.2017.15.3.140>

British Journal of Nursing:

- Ensuring the safe discharge of older patients from hospital
<https://doi.org/10.12968/bjon.2016.25.14.812>
- Student nurses' perceptions of dignity in the care of older people
<https://doi.org/10.12968/bjon.2017.26.5.274>



Practice Nursing:

- Management of rheumatoid arthritis in primary care
<https://doi.org/10.12968/pnur.2017.28.5.208>
- A perfect storm: an elderly population, increasing obesity and rises in diabetes and dementia
<http://www.magonlinelibrary.com/doi/10.12968/pnur.2017.28.8.324>

Gastrointestinal nursing:

- Gastrointestinal issues in cystic fibrosis: a lifetime of disease
<http://www.magonlinelibrary.com/doi/10.12968/gasn.2016.14.5.39>
- Older people and alcohol use
<http://www.magonlinelibrary.com/doi/10.12968/gasn.2015.13.Sup10.S27>

British Journal of Healthcare Assistants:

- Advance care planning: the HCA's role
<https://doi.org/10.12968/bjha.2016.10.8.374>
- Bed bathing: how good cleaning turns into great care
<https://doi.org/10.12968/bjha.2015.9.4.174>

Independent Nurse:

- Post-polio syndrome: The legacy of a long-forgotten problem
<https://doi.org/10.12968/indn.2017.4.21>
- Malnutrition in the elderly
<https://doi.org/10.12968/indn.2016.17.26>