



## Depression, Suicide and Self-harm

Relevant articles from MA Healthcare journals to support your staff's education and practice

March 2018



Depression is becoming an increasingly common condition in the UK and affects people of all age groups, including young children. It is important for health professionals today to be aware of its complex psychological, physical and social symptoms and implications. This month MA Healthcare is raising awareness about the importance of understanding and responding appropriately to people at risk of depression, self-harm and suicide.

We have provided a list of relevant articles from MA Healthcare journals dealing with this area, thereby providing your NHS staff with research, information and tips that will support both their work and their patients.

(Links only work on the desktop version of our MAG Online Library platform)

### British Journal of Nursing:

- Being equipped to care for patients at risk of self-harm and suicide  
<http://www.magonlinelibrary.com/doi/10.12968/bjon.2015.24.15.787>
- Preventing suicide in England: saving lives  
<http://www.magonlinelibrary.com/doi/10.12968/bjon.2014.23.4.236>

### Journal of Health Visiting:

- Postnatal depression: Student health visitors' perceptions of their role in supporting fathers  
<http://www.magonlinelibrary.com/doi/full/10.12968/johv.2017.5.3.143>
- The influence of women's perceived entitlement to have postnatal depression on the disclosure process  
<http://www.magonlinelibrary.com/doi/10.12968/johv.2016.4.1.41>

### British Journal of Hospital Medicine:

- Management of patients presenting with self-harm  
<http://www.magonlinelibrary.com/doi/10.12968/hmed.2016.77.9.C144>



- Imaging and neurobiological changes in late-life depression  
<http://www.magonlinelibrary.com/doi/10.12968/hmed.2014.75.1.25>

#### **British Journal of Community Nursing:**

- Depression and mental health in the community and the role of the nurse  
<http://www.magonlinelibrary.com/doi/10.12968/bjcn.2015.20.5.253>
- Mental and physical long-term conditions in the UK: spanning the boundaries  
<http://www.magonlinelibrary.com/doi/10.12968/bjcn.2015.20.4.190>

#### **British Journal of Midwifery:**

- Paternal postnatal depression: How midwives can support families  
<http://www.magonlinelibrary.com/doi/10.12968/bjom.2016.24.7.470>
- Post traumatic stress disorder post childbirth versus postnatal depression: a guide for midwives  
<http://www.magonlinelibrary.com/doi/10.12968/bjom.2017.25.8.484>

#### **British Journal of School Nursing:**

- Improving children and young people's resilience to depression  
<http://www.magonlinelibrary.com/doi/10.12968/bjsn.2015.10.7.349>
- Self-harm in children and young people: A case study  
<http://www.magonlinelibrary.com/doi/10.12968/bjsn.2014.9.4.183>

#### **British Journal of Mental Health Nursing:**

- Attitudes to pharmacological treatments for depression  
<http://www.magonlinelibrary.com/doi/10.12968/bjmh.2017.6.1.44>
- Establishing a self-harm surveillance register to improve care in a general hospital  
<http://www.magonlinelibrary.com/doi/10.12968/bjmh.2015.4.1.20>

#### **British Journal of Healthcare Assistants:**

- Men's health 12: men and suicide  
<http://www.magonlinelibrary.com/doi/10.12968/bjha.2015.9.10.492>
- Suicide: connect to the clinical, social and mental health aspects of care in a joined-up way  
<http://www.magonlinelibrary.com/doi/10.12968/bjha.2014.8.9.462>



**Practice Nursing:**

- Self-harm: working with vulnerable adolescents  
<http://www.magonlinelibrary.com/doi/10.12968/pnur.2014.25.5.245>
- Managing depression in primary care  
<http://www.magonlinelibrary.com/doi/10.12968/pnur.2015.26.12.594>

**British Journal of Cardiac Nursing:**

- A look at antidepressant use—and cardiovascular risk  
<http://www.magonlinelibrary.com/doi/10.12968/bjca.2017.12.10.480>
- Heart disease and mental health  
<http://www.magonlinelibrary.com/doi/10.12968/bjca.2017.12.10.473>