

LIBRARY INFORMATION ALERT

A health current awareness bulletin by email

Somerset **NHS** Libraries

Issue 163

21st December 2018

Health Reports, Documents & News	➤ click here
Mental Health News	➤ click here
Evidence Based Practice	➤ click here
Behind the Headlines	➤ click here
Library News	➤ click here
Journal TOCs	➤ click here

➤ Health Reports, Documents & News

Engaging NHS staff in research

The RAND Corporation has published *Enabling NHS staff to contribute to research: reflecting on current practices and informing future opportunities*. This report presents a rapid review of the evidence base on engaging NHS staff in healthcare research. It is aimed at organisations and initiatives seeking to engage staff in research.

[Report](#)

Integrating care: systematic review

The National Institute for Health Research has published *Ways of integrating care that better coordinate services may benefit patients*. This systematic review, part of the NIHR Signal series, looks at international literature to understand how new care models may affect patients, providers and systems. It includes a qualitative review of attitudes, barriers and enablers of integration and finds new integrated care models can increase patient satisfaction, perceived quality of care and improve access to services. It is less clear whether there may be effects on hospital admissions, appointments or healthcare costs

[Systematic review](#)

Driving forward system working

NHS Providers and NHS Clinical Commissioners have published *Driving forward system working: a snapshot of early progress in collaborative commissioning*. This report explores emerging practice in systems that are rethinking the way in which they plan and design services at a local level to support the delivery of joined-up and sustainable care. It revisits views from leaders in CCGs, providers, national bodies and think tanks about the concept of strategic commissioning. It also explores views about the likelihood that providers will take on more of the activities that NHS England (as a direct commissioner) or CCGs currently undertake.

[Report](#)

Additional link: [NHS Providers blog](#) [NHS Clinical Commissioners news](#)



Continuing healthcare and NHS-funded nursing care

The Department of Health and Social Care has updated documents relating to the *National framework for NHS continuing health and NHS-funded nursing care*. It has also published two new documents:

- Public guidance: NHS continuing healthcare and NHS-funded nursing care
- Delayed Discharges (Continuing Care) (Amendment) Directions 2018.

To read more [click here](#)

Financial sustainability of health and social care

The House of Commons Public Accounts Committee has published *Department of Health and Social Care accounts*. The financial sustainability of health and social care is a serious and ongoing concern of the Committee. It finds the Department should provide an assessment of the impact of regional variations on patient care; urgent action needed on risks Brexit poses to recruitment and the supply of medical equipment; and the NHS 10-year plan must explain how the service will address the many challenges it faces.

To read more [click here](#)

Equality and health inequalities packs for CCGs

NHS England has published Equality and Health Inequalities RightCare packs for CCGs. The packs consider measures of health inequality and aims to support CCGs and health systems to identify areas of improvement in promoting equality and reducing health inequalities. Previously such analysis has not been available at CCG level. Packs are available for each CCG in the following areas:

- [North](#)
- [Midlands and East](#)
- [South](#)
- [London](#)

Role and costs of CCGs

The National Audit Office has published *A review of the role and costs of clinical commissioning groups*. This review examines changes to the commissioning landscape before CCGs were established; the role, running costs and performance of CCGs; and the changing landscape and future role of CCGs. It identifies the importance of creating stable and effective organisations during the current restructuring of CCGs and that NHS commissioning needs a prolonged period of organisational stability to allow organisations to focus on transforming and integrating health and care services rather than on reorganising themselves.

To read more [click here](#)

NHS safety culture: reducing never events

The Care Quality Commission has published *Opening the door to change: NHS safety culture and the need for transformation*. This report examines the underlying issues in NHS trusts that contribute to the occurrence of Never Events and the learning that can be applied to wider safety issues. It finds that too many people are suffering unnecessary harm because NHS staff are not supported by sufficient training, and because the complexity of the current patient safety system makes it difficult for staff to ensure that safety is an integral part of everything they do.

[Report](#) Additional link: [CQC press release](#)

Population Wellbeing Portal:

Early in 2019 Health Education England e-Learning for Healthcare (HEE e-LfH) will launch its Population Wellbeing Portal. The Portal will be free to access by anyone who can positively impact public health and wellbeing and it will offer free access to education, training and professional development resources, helping deliver improvements in public health and prevention. The Portal will provide a central location for numerous e-learning resources, reading material, guidance, toolkits, videos, factsheets and many more resources relating to population health. The Portal will bring together material from multiple sources. This will include resources from HEE, Public Health England (PHE); the Academy for Public Health for London and the South East, the Faculty of Public Health as well as many others. The Portal will link with All Our Health, PHE's framework of evidence to guide healthcare professionals in preventing illness, protecting health and promoting wellbeing.

The aims of the Portal are to:

- Centralise access to knowledge resources on public health and population health

to...

- Make it easier to find the resources needed to support the public to protect and improve their health

by...

- Equipping people to help the public to stay healthy and deal with threats to their health.

If you would like to know more about the Portal, please contact population.wellbeing@e-lfh.org.uk.

Ambulance trust engagement in STPs and ICSSs

NHS Providers has published *A seat at the table: ambulance trust engagement in STPs and ICSSs*. This briefing summarises the experiences of eight ambulance trust leaders of engaging with STPs. It highlights the opportunities, and challenges, that system working presents for ambulance trusts and explores what they can contribute to the journey of collaboration and more integrated care

[Briefing](#)

Resolving disputes guidance

NHS England has published *2018/19 Contract Alignment Exercise Guidance on the national process for resolving disputes*. This document sets out the national approach to managing contractual disputes between NHS commissioners and Trusts under the 2018/19 Year To Date Contract Alignment Exercise.

To read more [click here](#)

Complaints about the NHS

The Parliamentary and Health Service Ombudsman has published *Complaints about the NHS in England: quarter 2 2018-19*. This report presents statistics on complaints about the NHS in England. It presents data about the NHS complaints received, assessed and investigated from July to September 2018, as well as the recommendations made.

[Report](#)

Skills advisory panels

The NHS Confederation has published *Skills advisory panels*. This briefing aims to provide an update on the skills advisory panels, which will play an important role in identifying, prioritising and addressing local skills gaps. It will be of particular interest to STPs and ICS leaders, including those responsible for strategy and workforce, and NHS HR Directors.

[Briefing](#)

Healthwatch annual report

Healthwatch has published *What matters most*. In their annual report to parliament, Healthwatch calls on services to look beyond their performance statistics and explore people's real day-to-day experiences, to help make care better.

[Report](#)

Additional link: [Healthwatch press release](#)

Making NHS data work for everyone

Reform has published *Making NHS data work for everyone*. This report highlights the different elements that should be considered when the public and private sector partner to build a product or service based on data. It looks at the challenges the NHS might face given the types of partnership that are developing on the ground and recommends a strategic national approach to resolve some of these issues.

[Report](#)

Additional link: [NHS Reform blog](#)

Commissioning GP IT services

NHS England has published *2018 CCG GPIT Digital Maturity Assurance Questionnaire*. As part of the GP IT Operating Framework, a set of digital maturity assessment criteria have been developed to give a clear indication of digital maturity across general practices in England. This will provide CCGs with insight to support the effective commissioning of GP IT services, local investment decisions and also the development of Local Digital Roadmaps.

To read more [click here](#)

Additional link: [Letter to CCGs](#)

Medical education and practice

The General Medical Council has reported on *The state of medical education and practice in the UK*. This report sets out some of the challenges the NHS and doctors continue to face, and what should be done to address these issues and create a sustainable workforce for the future.

[Report](#)

Additional link: [GMC press release](#)

Medical professionalism

The Royal College of Physicians has published *Advancing medical professionalism*. This report examines how essential professionalism is in increasing job satisfaction, improving patient care and raising productivity, and looks at what this means for doctors under growing pressures from increased workload, to their own remit and to their relationship with patients

[Report](#)

Evidence standards framework for digital technologies

NICE has published the *Evidence standards framework for digital technologies*. The aim of these standards is to make it easier for innovators and commissioners to understand what good levels of evidence for digital healthcare technologies look like, while meeting the needs of the health and care system, patients, and users.

To read more [click here](#)

Additional link: [NHS England blog](#)

Home care in England

The King's Fund has published *Home care in England: views from commissioners and providers*. This report aims to understand the key trends and challenges facing the home care sector, based on discussions with commissioners, providers and national social care organisations.

[Report](#)

Additional link: [King's Fund press release](#)

New models of home care

The King's Fund has also published *New models of home care*. This report explores innovative models and approaches to commissioning and delivering home care and considers their potential to provide care that is more closely aligned with what people want.

[Report](#)

Bereavement care in neonatal units

Sands and Bliss have published *Audit of bereavement care provision in UK neonatal units 2018*. This joint audit of bereavement care provision finds that despite instances of good practice by individual nurses and doctors across the country, many neonatal services are not set up to deliver consistent high quality bereavement care and health professionals are not getting the training and support they need to perform this role.

To read more [click here](#)

Additional link: [RCM press release](#)

Child development in the early years

The Local Government Association has published *A better start: supporting child development in the early years*. This guide sets out the reasons that the early years are so essential to future outcomes and wellbeing; the measures being taken by local authorities to bring together health, social care and early education services to create a more holistic approach to identifying and meeting the needs of young children and their families; and an idea of the increasing range of interventions available to address particular issues early.

[Guidance](#)

Cancer in children and young people

NCEPOD has published *On the right course? A review of the quality of care provided to patients aged 24 years and under who were receiving systemic anti-cancer therapy and subsequently died or were admitted to critical care*. This analysis of care delivered to children and young adults who either died or had an unexpected admission to critical care within 60 days of receiving systemic anti-cancer therapy (SACT) has shown a mixed picture of care received.

To read more [click here](#)

Pain relief during pregnancy and breastfeeding

The Royal College of Obstetricians & Gynaecologists has published *Antenatal and postnatal analgesia (Scientific Impact Paper No. 59)*. Following reported concerns over the use of codeine during breast feeding, this paper reviews existing evidence-based guidance on the use of painkillers during and after pregnancy, as well as during breastfeeding.

To read more [click here](#)

Additional link: [RCOG press release](#)

Independent Breast Screening Review

The Department of Health and Social Care has published *The Independent Breast Screening Review 2018*. This report sets out the findings and recommendations of the Independent Breast Screening Review, established to look into the failings in the breast screening programme in England. The review makes 15 recommendations for the Department of Health and Social Care, Public Health England and NHS England.

[Report](#)

National Bowel Cancer Audit

The Healthcare Quality Improvement Partnership has published *National Bowel Cancer Audit: annual report 2018*. This ninth annual report from the National Bowel Cancer Audit examines data on over 30,000 patients diagnosed with bowel cancer between 01 April 2016 and 31 March 2017. It describes some ongoing improvements such as mortality rates following both elective and emergency surgery falling over the past five years and increased numbers of operations being performed laparoscopically.

[Report](#)

Acute flaccid paralysis syndrome

Public Health England has published resources relating to *Acute flaccid paralysis (AFP) syndrome*. PHE has seen an increase in reports of unexplained acute neurological symptoms, particularly AFP, in 2018 in England. It has therefore published information on the reporting, investigation and management of AFP and acute flaccid myelitis (AFM).

To read more [click here](#)

Additional link: [PHE news story](#)

Perioperative diabetes

NCEPOD has published *Highs and lows: a review of the quality of care provided to patients over the age of 16 who had diabetes and underwent a surgical procedure*. The aim of this study was to highlight where care could be improved in patients with diabetes undergoing surgery. The overarching theme of the findings was that there was a lack of clinical continuity of diabetes management across the different specialties in the perioperative pathway.

To read more [click here](#)

Clinically-assisted nutrition and hydration

The BMA and Royal College of Physicians have jointly published *Clinically-assisted nutrition and hydration (CANH) guidance* to support doctors making decisions about CANH for adults who lack capacity. The guidance includes a decision-making flowchart, training materials, infographic and information for family and friends.

[Guidance](#)

Additional link: [RCP press release](#)

Driving with Dementia

The following guidelines have been issued:

[Driving with Dementia or Mild Cognitive Impairment: Consensus Guidelines for Clinicians](#)

Older people living alone and their use of healthcare

The Health Foundation has published research in BMC Geriatrics which explores the connection between *older people living alone and health care use*. The research found that living alone has an impact on health care service utilisation for older patients and that further research is needed to understand the mechanism driving higher utilisation for those patients who live alone.

To read more [click here](#)

Additional link: [BMC Geriatrics article](#) [Health Foundation blog](#) [Health Foundation chart](#)

Assistive technology for older people

The National Institute for Health Research has published a themed review *Help at Home – use of assistive technology for older people*. This review presents a selection of recent research on assistive technology for older people funded by the NIHR and other government funders. This review focuses on research around the use of technology in the home, remote monitoring systems and designing better environments for older people.

To read more [click here](#)

The future of surgery

The Independent Commission on the Future of Surgery has published its report *Future of surgery*. It sets out a vision of the future of surgery in the UK, setting out the changes that are likely to occur over the next 20 years, in the delivery of surgical care.

To read more [click here](#)

Additional link: [Royal College of Surgeons press release](#)

UK poverty

The Joseph Rowntree Foundation has published *UK poverty 2018*. The report examines how UK poverty rates have changed in society over the last few years, as well as over the longer term. The research focuses particularly on changes to poverty among children and workers, as well as giving an overview of trends among pensioners and other groups.

[Report](#)

Learning opportunities for healthcare teams

The Royal College of Physicians has published *Never too busy to learn: how the modern team can learn together in a busy workplace*. This report, supported by Health Education England, helps healthcare teams make the most of daily learning opportunities in the workplace.

[Report](#)

[Back to top ▲](#)

➤ MENTAL HEALTH NEWS

Primary mental health care

The Centre for Mental Health has published *Filling the chasm: reimagining primary mental health care*. This report explores local initiatives which bridge the gap between primary care and secondary care mental health services, supporting people have more complex needs, don't meet secondary care thresholds, or present with multiple or medically unexplained symptoms.

[Report](#)

Additional link: [CMH press release](#)

Mental health: conversations in London

The Mental Health Foundation has held community conversations with Londoners on how the Mental Health Foundation could better support people to be mentally healthy. *Londoners said* sets out the solutions identified during these conversation which include spreading knowledge, skills and support so people can look after themselves and their neighbours.

To read more [click here](#)

Women's Mental Health Taskforce

The Department of Health and Social Care has published *The Women's Mental Health Taskforce: final report*. This report sets out how women's experience of mental ill health can differ to men's and the strategic priorities for the future. It urges commissioners and providers across the health and care system to take note of the report findings and to embed these in their work.

[Report](#)

Mental Health Nurses and Paramedics Team Up

Thousands of Londoners experiencing a mental health crisis will be now be sent a specialist nurse and a paramedic, as part of a new scheme. By responding together, the specialist ambulance crew is expected to reduce mental health hospital admissions from 58,000 to 30,000 per year once it is rolled out across the capital. The London Ambulance Service scheme aims to treat patients at home, which is often a better environment for those experiencing mental health problems.

To read more [click here](#)

1,000 people with mental ill health supported back to work

The New Leaf scheme in Exeter has helped more than 1,000 people with mental ill health to return to employment. The scheme, part of Devon Sustainability and Transformation Partnership, uses a unique business model as part of its therapy, which also provides opportunities to take part in activities which generate funds to reinvest back into the NHS.

To read more [click here](#)

A Mental Health Act for our times

The final report of the *Independent Review of the Mental Health Act* has been handed to the office of the Prime Minister – just over a year after she appointed Professor Simon Wessely to oversee it. Mark Trewin reveals how its official launch marks the end of a year of intense debate, engagement and research in service to those who need the support of mental health services the most.

[Report](#)

EXTRACTS FROM THE MENTAL ELF BLOG

Keeping you up to date with reliable mental health research, policy & guidance

- Decision-making capacity of inpatients with schizophrenia: don't assume people are incapable
- Youth suicide prevention research needs a shake-up: lives depend on it
- BlueIce app for managing self-harm: what do young people think?
- Lack of wealth may increase our risk of dementia
- Treating men with eating disorders: do we need gender-specific care?
- Evidence-based school-based mental health programmes; the extent of their implementation worldwide
- Trauma-informed approaches in mental health: co-optable and corruptible?

Full reviews at: <http://www.thementalelf.net/#sthash.1TMfsIOG.dpuf>

[Back to top ▲](#)

➤ BEHIND THE HEADLINES

[Exercise 'as good as medicine' for controlling high blood pressure](#)

[Can a lack of sleep make you crave junk food?](#)

[Dietary advice and self-weighing may help avoid Christmas weight gain](#)

[Puzzle-solving 'doesn't slow down mental decline in older people'](#)

[Could some people benefit from a higher dosage of statins?](#)

[Hypnotherapy may offer relief from IBS symptoms](#)

Full list available at:

<http://www.nhs.uk/News/Pages/NewsIndex.aspx>

[Back to top ▲](#)

NICE surveillance reports

NICE has published the Surveillance Reports below. These provide a summary of new evidence published related to a NICE guideline and include the decision that NICE has taken about the need to update the relevant clinical guideline in light of this new evidence.

- [Barrett's oesophagus: ablative therapy \(CG106, 2010\)](#) – surveillance decision: NICE will update the guideline
- [Acute upper gastrointestinal bleeding over 16s: management \(CG141, 2015\)](#) – surveillance decision: NICE will not update the guideline
- [Gastro-oesophageal reflux disease in children and young people: diagnosis and management \(NG1, 2015\)](#) – surveillance decision: NICE will not update the guideline
- [Drug allergy: diagnosis and management \(CG183, 2014\)](#) – surveillance decision: NICE will not update the guideline
- [Pressure ulcers: prevention and management \(CG179, 2014\)](#) - surveillance decision: NICE will not update the guideline
- [Bedwetting in under 19s \(NG111, 2010\)](#) - surveillance decision: NICE will not update the guideline
- [Exceptional Review Asthma: diagnosis, monitoring and chronic asthma management \(NG80, 2017\)](#) – surveillance decision: NICE will update the guideline.

[Back to top ▲](#)

NIHR Signal

- [New airway device as good as tracheal tube insertion for out-of-hospital resuscitation](#)
- [New insights into living with inflammatory bowel disease](#)
- [The benefits and harms of aspirin for people with type 2 diabetes are finely balanced](#)
- [Fish oil supplements do not reduce cardiovascular deaths in people with diabetes without existing vascular disease](#)
- [Stool test is useful before GPs refer for possible inflammatory bowel disease](#)

[Back to top ▲](#)

➤ EVIDENCE-BASED PRACTICE

NICE Guidance for October 2018

Ref	Title	Type
MIB164	Axonics sacral neuromodulation system for overactive bladder and faecal incontinence	MedTech Innovation Briefing
MIB165	Cerebrotech Visor for detecting stroke	MedTech Innovation Briefing
MIB166	Galaxy UNYCO for temporary stabilisation of lower limb fractures	MedTech Innovation Briefing
MIB167	Video laryngoscopes to help intubation in people with difficult airways	MedTech Innovation Briefing
TA550	Vandetanib for treating medullary thyroid cancer	Technology Appraisal Guidance
TA551	Lenvatinib for untreated advanced hepatocellular carcinoma	Technology Appraisal Guidance
TA552	Liposomal cytarabine–daunorubicin for untreated acute myeloid leukaemia	Technology Appraisal Guidance
IPG634	Transcutaneous neuromuscular electrical stimulation for oropharyngeal dysphagia in adults	Interventional Procedures Guidance
IPG635	Bronchial thermoplasty for severe asthma	Interventional Procedures Guidance
DG34	Tumour profiling tests to guide adjuvant chemotherapy decisions in early breast cancer	Diagnostics Guidance
NG117	Bronchiectasis (non-cystic fibrosis), acute exacerbation: antimicrobial prescribing	NICE Guidance

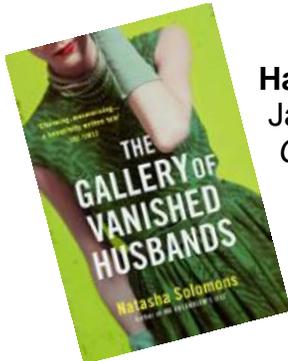
NICE guidance

Oesophago-gastric cancer quality standard

NICE has issued a new quality standard [Oesophago-gastric cancer](#). This standard covers assessing and managing oesophago-gastric cancer in adults. It describes high-quality care in priority areas for improvement.

➤ LIBRARY NEWS

Bookends Book Club – Next meeting 9th January 2019



Have you joined yet?

January is the perfect time to join Bookends as we have multiple copies of *The Gallery of Vanished Husbands* by Natasha Solomons available through the library.

Find out more on our [Bookclub webpage](#) on the library webpage and follow us on Twitter <https://twitter.com/hashtag/BookendsBookclub?src=hash>

Books added to Library stock

Active Service Jottings: Douglas Arthur Chambers's First World War Sketches

Compiled by Sue and Chris Doyle

In 1915, aged 20 years, Douglas Arthur Chambers trained then went out to the Somme to serve with the Royal Army Medical Corps (RAMC). He took with him three sketchbooks and in them he recorded, in pictures, the mud-caked boots, army rations, endless marching and ever-present danger of sniper fire, artillery bombardment and gas attacks. He did this with the 'black humour' and satire that helped him and his fellows cope with the awful conditions of the trenches.

Active Service Jottings is a compilation of the drawings together with some background to Douglas's life before and after the war. It provides interesting information from his army records and shows how he endured his experience of war.



Compiled by a Musgrove colleague

Active Service Jottings – Douglas Arthur Chambers's First World War Sketches, Compiled by Sue and Chris Doyle, is available from £12. To order your copy please email: csdoylebooks@gmail.com

For more information see:

<https://www.forces.net/news/satirical-drawings-wwi-soldiers-show-unexpected-side-war>

Check availability on the [library catalogue](#)

[Back to top ▲](#)

➤ JOURNAL TOCs

Journal Table of Contents alerts (TOCs)

Keep up to date with the latest journal articles in your subject or from your favourite journals by visiting the Library Netvibes webpages [here](#)

To visit Netvibes directly click on the icon below or go to <http://www.netvibes.com/musgrovelib#Welcome!>



- Navigate to the topic tab of your choice, mental health, nursing etc.,
- Click on article titles of interest and read abstracts

Articles highlighted in these contents alerts may be available as fulltext immediately with an [OpenAthens password](#)

If the item you need is not available via OpenAthens the library will obtain a copy for you. Email article details to library@tst.nhs.uk

Library Staff (01823) 342433

The screenshot shows the Netvibes website interface. At the top, there's a navigation bar with various medical and health-related categories. The main content area is titled "Health resources - table of contents and lots more!". It features several columns of article listings. The "Physiotherapy" section is highlighted, showing a list of articles with titles and dates. Other sections include "Clinical Rehabilitation: Table of Contents", "Journal of Physiotherapy", "Shoulder & Elbow: Table of Contents", "Physical Therapy", and "Journal of Orthopaedics". There are also sections for "REQUEST AN ARTICLE" and "ABOUT THESE CONTENTS ALERTS".

If you have any feedback on this alternative way of viewing articles we would be glad to hear from you.

[Back to top ▲](#)

DISCLAIMER:

The Library Service at Musgrove Park Hospital takes no responsibility for the wording, content and accuracy of the information supplied which has been extracted and edited in good faith from reputable sources.

If you want to download or print an item in this Alert, it is your responsibility to stay within the terms of the NHS Copyright Licence and/or check the copyright of NHS staff from all terms and conditions on individual web sites.

Library Contact Details

MPH/SomPar

Library@tst.nhs.uk

Tel: 01823 342433

Library internet website at:



<http://www.libraryservicemusgrove.nhs.uk>

YDH

Library@ydh.nhs.uk

Tel: 01935 384495

Library web pages at:

<http://ycloud/teams/Library/SitePages/Home.aspx>

We welcome any feedback about the content or format of the Library Information Alert and are happy to receive items for inclusion. Please contact library@tst.nhs.uk

The current issue of this Alert, together with the Archive of previous issues is available via the Library web pages on the Musgrove Park Hospital Intranet.