Ensuring optimal care for mental health is an increasingly important concern for healthcare professionals today. It is essential for maintaining the long-term physical health and well-being of patients of all ages – children, adolescents and adults. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, thereby providing your NHS staff with research, information and tips that will support both their work and the care of their patients.

**British Journal of Nursing**

- A literature review of the psychological status of asylum-seeking children: implications for nursing practice
  Published Online: 10 Apr 2019
  [https://doi.org/10.12968/bjon.2019.28.7.461](https://doi.org/10.12968/bjon.2019.28.7.461)

- Mental health in children and young people
  Published Online: 2 Apr 2018
  [https://doi.org/10.12968/bjmh.2018.7.2.57](https://doi.org/10.12968/bjmh.2018.7.2.57)

- Improving transition from child and adolescent mental health services
  Published Online: 22 Oct 2018
  [https://doi.org/10.12968/bjon.2018.27.19.1130](https://doi.org/10.12968/bjon.2018.27.19.1130)

**British Journal of Mental Health Nursing**

- Attention deficit hyperactivity disorder for children and young people: overview of guideline 87
  Published Online: 5 Feb 2019

- Children and young people with attention deficit hyperactivity disorder: the nurse's role
  Published Online: 31 Jul 2018
  [https://doi.org/10.12968/bjmh.2018.7.4.164](https://doi.org/10.12968/bjmh.2018.7.4.164)

- Enteral feeding young people with anorexia nervosa under restraint in inpatient settings
  Published Online: 1 Aug 2019
  [https://doi.org/10.12968/bjmh.2019.8.3.124](https://doi.org/10.12968/bjmh.2019.8.3.124)

**British Journal of School Nursing**

- Addressing and preventing adverse childhood experiences
Mindfulness and yoga used to teach pupils coping mechanisms
Published Online: 12 Mar 2019
https://doi.org/10.12968/bjsn.2019.14.2.91

Supporting children and young people with trichotillomania
Published Online: 15 Jan 2019

Supporting children and young people living with ADHD
Published Online: 17 May 2019

A community focus on pupils' mental health
Published Online: 21 Aug 2019

Promoting wellness: Caregiver perceptions of student mental health in an alternative school in the United States
Published Online: 12 Feb 2019

A plan to address the child mental health crisis?
Published Online: 12 Mar 2019
https://doi.org/10.12968/bjsn.2019.14.2.93

Young people, mental health and significant loss
Published Online: 30 Apr 2019

A qualitative study exploring school nurses' experiences of safeguarding adolescents
Published Online: 17 May 2019

Helping children cope with a parent's depression
Published Online: 30 Apr 2019
https://doi.org/10.12968/bjsn.2019.14.3.133

Supporting children and young people with pica
Published Online: 12 Jan 2019
https://doi.org/10.12968/bjsn.2018.13.9.458

Supporting teenagers with panic disorder
Published Online: 24 Jun 2019
https://doi.org/10.12968/bjsn.2019.14.5.246

Should school nurses embrace new therapeutic approaches to enhancing emotional wellbeing?
Published Online: 12 Feb 2019

- Self-harm: A guide for schools on how to respond
  Published Online: 21 Aug 2019

- Schizophrenia in students: Signs, symptoms and support
  Published Online: 21 Aug 2019

Practice Nursing

- Suicide and self-harm: vulnerable children and young people
  Published Online: 2 May 2019
  https://doi.org/10.12968/pnur.2019.30.5.218

- Preparing to improve access for young people’s mental healthcare
  Published Online: 6 Dec 2018
  https://doi.org/10.12968/pnur.2018.29.12.600

- Evaluating a positive mental health programme for students
  Published Online: 9 Jan 2019
  https://doi.org/10.12968/pnur.2019.30.1.25