With the UK’s rapidly aging population, healthcare professionals within the NHS are facing an increasing number of complex health conditions relating to the health and care of elderly people. The more common conditions affecting older patients are cardiovascular disease, dementia, Alzheimer’s, diabetes, and cancer. Frailty is also a major issue with the increase in the number of bone fractures resulting from falls and accidents. We have provided a list of relevant articles from MA Healthcare journals dealing with these areas, thereby providing your NHS staff with research, information and tips that will support both their work and the care of their patients.

**British Journal of Community Nursing**

- The effect of nutrition on older people's mental health
  Published Online: 2 Jul 2019

- A coaching program to improve quality of life in older people in Japan: a randomised controlled trial
  Published Online: 2 Jul 2019
  [https://doi.org/10.12968/bjcn.2019.24.7.315](https://doi.org/10.12968/bjcn.2019.24.7.315)

- Potential of emotional freedom techniques to improve mood and quality of life in older adults
  Published Online: 7 Sep 2019

- Frailty in older people: a principle-based concept analysis
  Published Online: 5 Oct 2018
  [https://doi.org/10.12968/bjcn.2018.23.10.482](https://doi.org/10.12968/bjcn.2018.23.10.482)

- Helping older patients to adapt to stomas using an enhanced recovery programme
  Published Online: 6 May 2019
  [https://doi.org/10.12968/bjcn.2019.24.5.224](https://doi.org/10.12968/bjcn.2019.24.5.224)

- What more can community nurses do to manage adult malnutrition
  Published Online: 2 Jul 2019

- Dysphagia and malnutrition in older adults
  Published Online: 2 Jul 2019

- Impact of multimorbidity on chronic oedema management in the older person
• Published Online: 27 Sep 2018

• Technology integrated health management for dementia
  Published Online: 5 Oct 2018
  https://doi.org/10.12968/bjcn.2018.23.10.502

• Causes of and factors that exacerbate faecal incontinence in older people
  Published Online: 28 Feb 2019
  https://doi.org/10.12968/bjcn.2019.24.3.134

• Falls in nursing homes: challenges from a nursing perspective
  Published Online: 27 Dec 2018
  https://doi.org/10.12968/bjcn.2019.24.1.6

• The older person with diabetes: considerations for care
  Published Online: 10 Apr 2019
  https://doi.org/10.12968/bjcn.2019.24.4.160

• Managing deterioration in older adults in care homes: a quality improvement project to introduce an early warning tool
  Published Online: 30 Jan 2019
  https://doi.org/10.12968/bjcn.2019.24.2.58

• Diabetes care in care home and residential settings
  Published Online: 5 Oct 2018
  https://doi.org/10.12968/bjcn.2018.23.10.510

Practice Nursing

• Assessment of frailty in Alzheimer’s: a literature review
  Published Online: 8 Jul 2019
  https://doi.org/10.12968/pnur.2019.30.7.327

• Assessing skin damage and prevention in elderly patients
  Published Online: 6 Dec 2018
  https://doi.org/10.12968/pnur.2018.29.12.578

• Causes of malnutrition in older adults and what can be done to prevent it
  Published Online: 9 Jan 2019
  https://doi.org/10.12968/pnur.2019.30.1.16

Nursing and Residential Care

• Improving care home life for people with Parkinson’s
  Published Online: 10 May 2019

• Falls: nine things to consider before dialling 999
  Published Online: 10 May 2019
Improving care home life for people with Parkinson's
Published Online: 10 May 2019