As the number of affected people increases, diabetes is one of the fastest growing health concerns of our times and an urgent public health issue. For healthcare professionals the challenge is to deliver optimum care for patients and understand the complexity of the condition, whilst focussing on prevention. We have provided a list of relevant articles from MA Healthcare journals dealing with the condition, thereby providing your NHS staff with research, information and tips that will support both their work and their patients.

**British Journal of Community Nursing**

- Housebound patients with diabetes needing support with insulin—a project to improve service standards  
  Published Online: 1 Aug 2019  

**British Journal of Healthcare Management**

- Investigating the cost-effectiveness of structured diabetes education  
  Published Online: 18 Oct 2019  
  [https://doi.org/10.12968/bjhc.2019.0004](https://doi.org/10.12968/bjhc.2019.0004)

- Recognising the importance of self-management for people with diabetes  
  Published Online: 17 Jul 2019  
  [https://doi.org/10.12968/bjhc.2017.0030](https://doi.org/10.12968/bjhc.2017.0030)

- Nutritional advice for people with type 2 diabetes  
  Published Online: 17 Jul 2019  
  [https://doi.org/10.12968/bjhc.2019.0057](https://doi.org/10.12968/bjhc.2019.0057)

**British Journal of Hospital Medicine**

- Highs and lows: perioperative management of surgical patients with diabetes mellitus  
  Published Online: 7 Oct 2019  
  [https://doi.org/10.12968/hmed.2019.80.10.560](https://doi.org/10.12968/hmed.2019.80.10.560)

**British Journal of Midwifery**

- Effect of relaxation exercise on fasting blood glucose and blood pressure in gestational diabetes  
  Published Online: 6 Sep 2019  
  [https://doi.org/10.12968/bjom.2019.27.9.572](https://doi.org/10.12968/bjom.2019.27.9.572)
• Diabetes in pregnancy: a practical guide for midwives
  Published Online: 2 Jul 2019
  https://doi.org/10.12968/bjom.2019.27.7.413

• Diabetes, pregnancy and mental health: a tricky triad
  Published Online: 1 Aug 2019
  https://doi.org/10.12968/bjom.2019.27.8.491

British Journal of Nursing

• Introducing a very low carbohydrate diet for a child with type 1 diabetes
  Published Online: 8 Aug 2019
  https://doi.org/10.12968/bjon.2019.28.15.1015

• Blood glucose monitoring in diabetes: rationale and procedure
  Published Online: 10 Apr 2019
  https://doi.org/10.12968/bjon.2019.28.7.434

Gastrointestinal Nursing

• Non-alcoholic fatty liver disease (NAFLD) and type 2 diabetes: a close and developing relationship
  Published Online: 19 Mar 2019
  https://doi.org/10.12968/gasn.2019.17.2.30

Journal of Kidney Care

• New onset of diabetes after transplant
  Published Online: 30 Jul 2019
  https://doi.org/10.12968/jokc.2019.4.4.180

Journal of Prescribing Practice

• MODY: one of the most easily missed causes of diabetes
  Published Online: 14 Mar 2019

• Continuous and flash glucose monitoring in diabetes
  Published Online: 14 Mar 2019

• Pharmacists’ role in improving diabetes care
  Published Online: 17 Sep 2019
  https://doi.org/10.12968/jprp.2019.1.9.430

• Pregnancy and diabetes
  Published Online: 11 Apr 2019
  https://doi.org/10.12968/jprp.2019.1.4.176

• A role for low-carbohydrate diets in type 2 diabetes
  Published Online: 12 Jun 2019
Independent Nurse

- Assessing and managing the diabetic foot in primary care
  Published Online: 13 Jun 2019
  https://doi.org/10.12968/indn.2019.6.16

- Ten things you should know about type 2 diabetes – Part 1
  Published Online: 18 Mar 2019
  https://doi.org/10.12968/indn.2019.3.23

- Ten things you should know about type 2 diabetes – part 2
  Published Online: 17 Apr 2019
  https://doi.org/10.12968/indn.2019.4.22

Practice Nursing

- Pregnancy and diabetes: efforts by the multidisciplinary team
  Published Online: 2 May 2019
  https://doi.org/10.12968/pnur.2019.30.5.224

- The older person with diabetes: considerations for care
  Published Online: 6 Jun 2019
  https://doi.org/10.12968/pnur.2019.30.6.282

- Management of elevated blood glucose in type 2 diabetes
  Published Online: 9 Jan 2019
  https://doi.org/10.12968/pnur.2019.30.1.32

- Diabetes and foot problems: The role of the practice nurse
  Published Online: 9 Jan 2019
  https://doi.org/10.12968/pnur.2019.30.1.9

- Incorporating individualised care into UK diabetes guidelines
  Published Online: 2 Mar 2019
  https://doi.org/10.12968/pnur.2019.30.3.130