Whether in hospital, community or residential care settings, effective medical treatment and long-term recovery relies upon good nutrition and hydration. As the dignity and well-being of the patient takes on greater importance, the understanding of right nutrition will be essential to the work of health professionals across the NHS. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, providing your staff with research, information and tips that will support both their work and the quality of care for their patients.

**British Journal of Cardiac Nursing**

- Dietary education provision within a cardiac rehabilitation programme in the UK: a pilot study  
  Published Online: 26 Aug 2020  
  [https://doi.org/10.12968/bjca.2020.0012](https://doi.org/10.12968/bjca.2020.0012)

- Tofu consumption, coronary heart disease risk and all-cause mortality  
  Published Online: 15 Apr 2020  
  [https://doi.org/10.12968/bjca.2020.0039](https://doi.org/10.12968/bjca.2020.0039)

**British Journal of Community Nursing**

- Overview of oral nutrition supplements and their use  
  Published Online: 16 Sep 2020  

- Nutritional management of patients during and after COVID-19 illness  
  Published Online: 16 Sep 2020  

- Malnutrition in community-dwelling older people: lessons learnt using a new procedure  
  Published Online: 8 Apr 2020  
  [https://doi.org/10.12968/bjcn.2020.25.4.193](https://doi.org/10.12968/bjcn.2020.25.4.193)

- Evolution of the Greater Manchester Nutrition and Hydration Programme  
  Published Online: 16 Sep 2020  

- Nutrition and musculoskeletal health  
  Published Online: 16 Sep 2020  
British Journal of Healthcare Assistants

- A caring approach to people with obesity
  Published Online: 14 Jun 2020

British Journal of Healthcare Management

- Chronic constipation: building pathways for better bowel management
  Published Online: 7 Aug 2020
  https://doi.org/10.12968/bjhc.2020.0072

- How can we tackle malnutrition in patients discharged from hospital?
  Published Online: 14 Jul 2020
  https://doi.org/10.12968/bjhc.2020.0102

British Journal of Hospital Medicine

- What you need to know about malnutrition in older adults
  Published Online: 24 Sep 2020
  https://doi.org/10.12968/hmed.2020.0393

British Journal of Neuroscience Nursing

- Dysphagia: promoting nutrition and hydration
  Published Online: 26 Aug 2020
  https://doi.org/10.12968/bjnn.2020.16.4.153

- Malnutrition in acute stroke: what are we treating?
  Published Online: 27 Apr 2020

British Journal of Midwifery

- Supporting vegans through pregnancy and lactation
  Published Online: 3 Sep 2020
  https://doi.org/10.12968/bjom.2020.28.9.644

- Vitamin D supplementation in pregnancy, lactation and infancy: why is it fundamental?
  Published Online: 7 May 2020
  https://doi.org/10.12968/bjom.2020.28.5.315

- Obesity in pregnancy
  Published Online: 3 Jun 2020
  https://doi.org/10.12968/bjom.2020.28.6.344

- Changes in the management of iron in pregnancy
  Published Online: 3 Sep 2020
  https://doi.org/10.12968/bjom.2020.28.9.636
Dental Nursing

- Eating in isolation
  Published Online: 28 May 2020
  https://doi.org/10.12968/denn.2020.16.6.274

Gastrointestinal Nursing

- Nutritional supplementation for vitamin B12 and vitamin K2 deficiency following ileostomy or colostomy formation
  Published Online: 23 May 2020

- Non-alcoholic fatty liver disease: the role of the nurse
  Published Online: 22 Jul 2020

Independent Nurse

- Supporting adherence to the UK's Eatwell Guide in the general public
  Published Online: 24 Jul 2020
  https://doi.org/10.12968/indn.2020.7.13

- The impact of salt intake on health and nutrition
  Published Online: 18 Sep 2020
  https://doi.org/10.12968/indn.2020.9.21

Journal of Health Visiting

- Critical nutrients for brain development in infants and children
  Published Online: 17 Sep 2020
  https://doi.org/10.12968/johv.2020.8.9.376

- Feeding disadvantaged children during the COVID-19 pandemic
  Published Online: 17 Sep 2020
  https://doi.org/10.12968/johv.2020.8.9.370

Journal of Kidney Care

- PFP: the dietetic guidance helping to keep renal patients safe during challenges dialysis service provision
  Published Online: 2 Jun 2020
  https://doi.org/10.12968/jokc.2020.5.3.110

- My experience as a dietitian working on a COVID-19 ward
  Published Online: 29 Jul 2020
  https://doi.org/10.12968/jokc.2020.5.4.166
Journal of Wound Care

- Pressure ulcer healing with an intensive nutrition intervention in an acute setting: a pilot randomised controlled trial
  Published Online: 15 Sep 2020
  https://doi.org/10.12968/jowc.2020.29.Sup9a.S10

Nursing and Residential Care

- Older ostomates and diet management in care
  Published Online: 9 Apr 2020
  https://doi.org/10.12968/nrec.2020.22.5.6

- Difficult conversations: nutritional needs of care home residents with advanced dementia
  Published Online: 25 Aug 2020
  https://doi.org/10.12968/nrec.2020.22.9.6

Practice Management

- Dietitian support in primary care
  Published Online: 21 Jul 2020
  https://doi.org/10.12968/prma.2020.30.7.20

Practice Nursing

- A low-carb diet for diabetes: the latest evidence
  Published Online: 6 Apr 2020
  https://doi.org/10.12968/pnur.2020.31.4.176

- Managing diabetes in primary care during Ramadan
  Published Online: 6 Apr 2020
  https://doi.org/10.12968/pnur.2020.31.4.148